

FAITH COMMUNITY HEALTH SYSTEM

Jacksboro, Texas
OB Registered Nurse
JOB DESCRIPTION

REPORTS TO: Labor & Delivery Director

SUMMARY: The Obstetrics Nurse has primary responsibility for providing care for patients in labor, delivery, nursery and postpartum.

ESSENTIAL FUNCTIONS:

- Perform admitting assessments, review history and develop plan of care. Initiate fetal heart monitor, perform vaginal exams, interpret fetal heart tones and determine frequency duration and intensity of contractions.
- Monitor progress of laboring mothers, interpret fetal heart monitor and notify physician when appropriate for progress or problems. Assist mother and labor coach with breathing exercises, pain management techniques and administer pain medication as ordered. Prepare birthing room for delivery using strict sterile technique.
- Prepare mothers for elective or emergency Cesarean Section by following written C-Section protocol. Provide emotional support to mother and coach, obtain proper consents and pre-op diagnostic studies and coordinate smooth transfer to surgery.
- Assist physician with initiation of Pitocin inductions and monitor progress of labor: mix IV Pitocin drips, adjust flow rate or pump according to physician's orders, be alert for abnormalities or problems.
- Document nursing care properly on chart forms, birth certificates, and computer.
- Assist physician in administering care during labor: artificial rupture of membranes, initiation of internal fetal monitoring or intrauterine pressure catheter, initiation of Pitocin drip or other IV medications, sterile vaginal exams or other procedures. Assist anesthesia with the administration of spinal or epidural anesthetic.
- Perform immediate post-delivery care of mother and infant: determine Apgar scores, DeLee suction and bulb suction infants, apply ID bands, weigh and measure infant, administer medications to mother and infant as ordered, assist physician with resuscitation, perform fundal massage and monitor vital signs and lochia as needed, promote infant/parent bonding and obtain newborn identification per policy.
- Perform post-partum care and provide patient education to mother: check lochia, episiotomy and fundus, provide instruction in child care, breast feedings and self-care to mother, monitor vital signs per policy, report problems to physician.
- Perform nursery care on infant: operate OB Nursery equipment, assess infants and vital signs, assist with circumcision, coordinate stabilization and transfer of unstable infants, perform or assist with all feedings (breast feeding, nipple feeding or gavage feeding) perform cord care. Assess gestational age, give bath, take pictures, and perform hearing screening and any other treatments.
- Administer medications, solutions and treatments per physician's order: Display knowledge of administration and effects of medications used and operate IV/PCA pumps correctly.
- Initiate and maintain IV and oxygen therapy on infants under the direction of a physician.
- Admit and care for post-surgical patients. Monitor and assess per post-anesthesia protocol.

- Perform discharge teaching for all patients.
- Provide required care for OB patients.
- Display knowledge of specialized resuscitation protocol for infants: NRP/CPR technique, drug dosages, fluid requirements, thermoregulation, stabilization and transport.
- Participates in in-services and continue education specialized for OB/Nursery.
- Depending on census, may float to other departments.
- Promotes patient's independence by establishing patient care goals; teaching patient, friends, and family to understand condition, medications, and self-care skills; answering questions.
- Resolves patient problems and needs by utilizing multidisciplinary team strategies.
- Protects patients and employees by adhering to infection-control policies and protocols, medication administration and storage procedures, and controlled substance regulations.
- Documents patient care services by charting in patient and department records.
- Maintains continuity among nursing teams by documenting and communicating actions, irregularities, and continuing needs.
- Maintains nursing supplies inventory by checking stock to determine inventory level; anticipating needed supplies; placing orders for supplies; using equipment and supplies as needed to accomplish job results.
- Enters admission/discharge orders.
- Duties, responsibilities and activities may change, or new ones may be assigned at any time with or without notice.

PROFESSIONAL REQUIREMENTS

- Adhere to dress code; appearance is neat and clean.
- Complete annual education requirements.
- Maintain patient confidentiality at all times.
- Report to work on time and as scheduled.
- Wear identification while on duty.
- Maintain regulatory requirements, including all state, federal and local regulations.
- Represent the organization in a positive and professional manner at all times.
- Comply with all organizational policies and standards regarding ethical business practices.
- Communicate the mission, ethics and goals of the organization.
- Participate in performance improvement and continuous quality improvement activities.
- Attend regular staff meetings and in-services.

KNOWLEDGE, SKILLS and ABILITIES

- Knowledge of labor, delivery, postpartum and nursery care essential.
- Must know principles and practice of sterile technique and infection control.
- Must be skilled in technical aspects of mother/infant care.
- Excellent written, verbal and listening communication abilities.
- Willingness to establish effective working relationships with internal and external customers.
- Ability to manage conflict, stress and multiple simultaneous work demands in an effective, professional manner.
- Ability to work independently, while collaborating with other team members.
- Ability and willingness to self-motivate, prioritize, and be willing to change processes to improve effectiveness and efficiencies. Adapts to changing patient or organizational priorities.

- Ability to make independent decisions in accordance with established policies and procedures. Decisions and problem solving require a combination of analysis, evaluation, and interpretive thinking.
- Computer literacy, including but not limited to, data entry, retrieval, and report generation.
- Must not have any restrictions for physical work for which reasonable accommodation cannot be made.

QUALIFICATIONS

- Registered Nurse currently licensed by the State of Texas
- Current BLS, ACLS and PALS or obtain within three months of hire
- Current NRP, EFM, and S.T.A.B.L.E. certified or obtain within 18 months from date of hire
- Continue to maintain BLS, ACLS and PALS certifications.
- TNCC and ENPC recommended
- Preferred one year of hospital experience.

PHYSICAL REQUIREMENTS

- Manual and finger dexterity.
- Hand and eye coordination.
- Sitting for extended periods of time.
- Standing, walking and reaching.
- Lifting and carrying items weighing up to 25 pounds.
- Corrected vision and hearing to within normal range.

Employee Name

Employee Signature

Date

Supervisor

Date

The above statements are intended to describe the general nature and level of work being performed. They are not intended to be construed as an exhaustive list of all responsibilities.